# February 2018 Block of the Month NNMQG

# **Twin Sisters**

#### **Block basics:**

- This is block is over 100 years old, and yes, I chose it because of the name. It is sometimes shown in two fabrics, but we're using three fabrics.
- Finished block size is 8" square. (When you turn it in, before it is sewn into a quilt.)
- Use whichever neutral thread color makes the most sense.
- All seams are scant 1/4" seams unless otherwise indicated.
- The block assembly is oversized and not square. Then you trim it to size. It is much easier this way. You will have some waste, but if your goal is to use up your scraps, you won't mind at all.



#### **Choose your fabric:**

- You need three different fabrics. These should be a dark, medium, and light. The light can be cream, white, pale gray, etc. You can use two medium fabrics if they are strongly contrasting in color or texture.

## **Cut the following fabric pieces:**

- 1. Two rectangles of your dark fabric, 3" by 6 ½".
- 2 Two rectangles of your medium fabric, 3" by 6 ½".
- 3. One square of your light fabric, 6 ½" square. Cut into four quarter/square triangles.



### **Construct the block:**

To complete your block, follow these steps

1. Sew a triangle to each rectangle, as shown. Press toward the triangles.





2. Lay out the four sections as shown. Sew two sections together, press toward the triangles.





- 3. Then sew the two halves together. Cut through two stitches in the center, and press in opposite directions from the center. (It makes a tiny four-patch in the middle.) Here's the back side on the right.
- 4. Here's how it looks. Strange, huh? But all we need to do is trim it.





5. Trim the block to 8" square. Make sure the center point is in the middle.



Bring your finished blocks to the guild meeting on February 26<sup>th</sup> to participate in the drawing.

Questions? Suggestions for future blocks? Feel free to email me at <a href="mailto:judygrayi@live.com">judygrayi@live.com</a>.